JUNE 2022

IN THE LOOP

Alameda County Project Stabilization Comunity Benefits Agreement (PSCBA) Updates

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HOW TO SAVE ON GAS: 20 WAYS TO EASE THE PAIN AT THE PUMP

The Bay Area's roads are dominated by work-related travel and gas costs continue to reach unsustainable levels. In California, added taxes and fees for environmental regulations and road and bridge repairs push gas prices to the highest in the nation. State gas prices have reached $6.38 on average, according to AAA.

Filling up the gas tank can be a thoroughly miserable experience as you watch the counter flip past $60, then $70, and keep on going.

But you can save money on gas based on where you fill up, how you pay, when you visit the gas station, how you drive and even the condition of your car. The Penny Hoarder shares 20 ways to help us all ease the pain at the pump.

Continued on next page.

Are you unemployed & Interested in construction?

In 2020, the County of Alameda updated the 2013 Project Stabilization Community Benefits Agreement that requires contractors to hire Alameda County residents to work on certain construction projects.

So, if you are ***unemployed, foster youth, formerly incarcerated, homeless/unsheltered, or on any public assistance***, do NOT let any of those things stop you! Inside are articles and resources that can help start your journey to a career in construction today!

HOW TO SAVE ON GAS: 20 WAYS TO EASE THE PAIN AT THE PUMP

How to Save on Gas at the Pump
The biggest savings will be evident in the price you pay at the gas station. So it's worth shopping around and employing a bit of strategy before filling up.

1. Use Apps to Find the Cheapest Gas
2. Skip the Premium Option
3. Join a Fuel Rewards Program
4. Use a Rewards Credit Card
5. Use Cash Instead of a Card
6. Use Free or Discounted Gift Cards
7. Fill Up Early in the Week

How to Save on Gas With Better Driving Habits
How frequently you drive and how you operate your vehicle both play a role in how much you spend on gas.

8. Share Rides
9. Plan Routes
10. Reduce Your Idle Time
11. Accelerate Slowly and Coast More
12. Use Cruise Control — Sometimes
13. Reduce the Use of Your Heater and Air Conditioning
14. Slow Down

How Your Car Affects How Much You Spend on Gas
The condition of your car makes a difference in gas consumption. Learn how to keep your ride in money-saving shape.

15. Check Tire Pressure
16. Check Your Gas Cap
17. Lighten Your Car
18. Remove Racks
19. Use the Right Oil During Oil Changes
20. Buy a More Efficient Car

View the full article here.

HAPPY FATHERS DAY!

JUNETEENTH

- Celebrated on June 19th
- Commemorates the end of slavery in America
- Also known as Black Independence Day and Emancipation Day

Why June 19th? The Emancipation Proclamation was issued January 1, 1863, but many enslaved African Americans didn't see freedom until June 19, 1865.

NATIONAL SAFETY MONTH

In 1996, the National Safety Council (NSC) established June as National Safety Month in the United States. The goal of Summer Safety Month is to increase public awareness of the leading safety and health risks that are increased in the summer months to decrease the number of injuries and deaths at homes and workplaces.

- Visit the **National Safety Council website** for a range of safety resources
- Visit **CTAP's YouTube playlist** page for our construction safety and other informative webinars.

Alameda County Apprenticeship Updates

Apply to Become a Construction Craft Laborer

The Laborers' apprenticeship program is for those with little or no experience in the construction trades who want to begin a career as a Co nstruction Craft Laborer.

Dates: Ongoing

Visit: www.norcaltc.org

Learn More & Apply

NORTHERN CALIFORNIA
TERENCE J. O'SULLIVAN
LABORERS TRAINING CENTER

Sprinkler Fitters UA 483 Applications Open

The Apprenticeship Application process is now on-line through our Sprinkler Fitters Local 483 Application Portal.

Dates: Ongoing

Visit: sprinklerfitters483.org

Learn More & Apply

SPRINKLER FITTERS Local 483 San Francisco Bay Area

Sheet Metal Workers SMART 104 Applications Open

Sheet Metal Workers Local 104 and Bay Area Training Fund is a joint Labor-Management Trust dedicated to providing the men and women of the unionized sheet metal industry the highest level of training skills and knowledge in this trade.

Dates: Ongoing

Learn More & Apply

SHEET METAL WORKERS
LOCAL 104
Bay Area Industry Training Fund

IBEW Local 595 Electrical Workers of Alameda County: Apprentice Electrician (Inside Wireman)

Enrollment is open for a 5 year apprenticeship program. Apprentices work during the day (paid employment) and attend classes during they day and evening. A Journeyman certificate is awarded upon successful completion.

Dates: July 29, 2022 and October 28, 2022

www.595jatc.org

Learn More & Apply

Alameda County's Workforce Development Board Offers No-cost Workforce-related Services

Have you been laid off, had your wages cut or otherwise been financially affected by COVID-19 and need help paying your bills? Contact your nearest Career Service Provider location for more information.

Dates: July 29, 2022 and October 28, 2022

www.acwdb.org

View PDF

Learn More & Apply

JOIN US EVERY WEDNESDAY AT 10AM FOR A FREE ORIENTATION TO LEARN HOW OUR PROGRAMS CAN HELP.

CONSTRUCTION APPRENTICESHIP RESEARCH WORKSHOP

Apprenticeship research workshop allows the participants to have a clear understanding of all the trades available and pre-requisites. Prior to entering apprenticeship training, these workshops will help prepare participants to research and select 3-5 trades.

CONSTRUCTION EMPLOYMENT OPPORTUNITIES

Working with San Francisco CityBuild, One Treasure Island will assist with recruiting, screening, and referring job seekers who are interested in being sponsored as an apprentice, or have prior construction work experiences, for island and off-island construction employment opportunities. We will work with interested candidates to ensure they are registered with the appropriate union, and is job ready for employment. This is a tremendous opportunity for people with barriers to employment obtain careers that pay living wages.

For more information on One Treasure Island in general, telephone us at (415) 274-0311 or visit

https://www.onetreasureisland.org/construction-jobs

ONE TREASURE ISLAND

NOR CAL CARPENTERS TRAINING

4 SAFETY

4 LOCATIONS
4 FAMILIES
4 MEMBERS
4 SAFETY

Morgan Hill
Fresno
Pleasanton
Fairfield

OSHA®

SEPTEMBER 10TH 2022

SAFETY day is designed to assist Nor Cal Carpenters UBC members get certified, trained, and raise awareness for both Journey-level and apprentices to a variety of safety trainings in the industry including Rough Terrain Certification, Fall Protection, First Aid / CPR, OSHA 10, Scaffold User and MEWP

Lunch – Raffle Prizes – Training Certifications

Rough Terrain Certification
Fall Protection
First Aid / CPR
OSHA 10 (2-day course)
Scaffold User
MEWP

For more than 140 years, The Carpenters Union and Training have been helping Carpenters, Acoustical Installers, Drywall/Lathers, Hardwood Floorlayer's, Insulators, Millmen & Cabinet Makers, Millwrights, Modular Systems Installers, Pile Drivers, Scaffold Erectors and Shingler's lead the way and stay safe. We are excited to be bringing this event to all four Training Locations

For more information please visit: **www.NorCalCarpenters-Training.org**

ALAMEDA COUNTY ELECTRICAL JATC
595
IBEW • NECA

ATTENTION JOB SEEKERS
ELECTRICAL APPRENTICESHIP OPEN HOUSE

14600 CATALINA ST.
SAN LEANDRO, CA 94577

WEDNESDAY
JULY 27 2022

10:00AM
TO 1:30PM

For Job Seekers! Tour the classrooms and work spaces, learn about the JATC and the inside wireman apprenticeship program, and do exciting hands-on demonstrations. Registration is required to attend.

LIMITED CAPACITY! REGISTER TODAY!
CLICK BELOW OR SCAN QR CODE TO RESERVE YOUR SPOT

REGISTER NOW

HOSTED BY ALAMEDA COUNTY ELECTRICAL JATC | IBEW 595 | NECA &
CONSTRUCTION TRADES WORKFORCE INITIATIVE

CTWI
Construction Trades Workforce Initiative

JULY—AUGUST, 2022

Bricklayer Pre-Apprenticeship

Interested in a career in masonry construction?

The Bricklayers Union is Hiring!

- 8-week program consisting of classroom and hands-on training, giving you the skills needed to obtain a job as an apprentice bricklayer upon completion.
- Classes held Monday through Friday, 7:30 am-3:00 pm at the MDC in Tracy.
- All participants will be eligible for a weekly stipend and receive employment assistance upon successful completion.
- Applications are taken in person M-F from 8:30 am-11:30 am. Applicants must be 18+, provide driver's license, social security card, take a placement exam and submit to a drug screening.
- Contact the Mason Development Center for more information at:

(209) 830-7200 www.bac3train.com 25347 S. Schulte Rd. Tracy, CA 95377

MDC

MASON DEVELOPMENT CENTER OF NORTHERN CALIFORNIA

Are You Interested In a Construction Career?

GET ON THE LIST | COMPLETE THE APPLICATION | REFERRAL & COUNSELING | ORIENTATION | APPRENTICE PROGRAM | WORK EXPERIENCE

01 STEP

GET ON THE LIST

- "CONNECT WITH US" – Call or email us using the contact information located at the bottom of this page.

02 STEP

COMPLETE THE " COUNTY OF ALAMEDA DISADVANTAGED RESIDENT WORKER PROGRAM APPLICATION "

- INDIVIDUALS WITH CONSTRUCTION EXPERIENCE / QUALIFICATIONS –
- **SKIP STEPS 02 - 05**
- Referred to Alameda county projects/contractors.
- INDIVIDUALS WITHOUT CONSTRUCTION EXPERIENCE –
- Participate in assessment and counseling.
- Attend/Enroll in a Pre-Apprenticeship Training program.

03 STEP

ORIENTATION

- Enroll in a Pre-Apprenticeship Training Program.

www.cypressmandela.org
www.wojrc.org
www.risingsunenergy.org
www.tradeswomen.org

- Work with a Bridge / Support Organization to Meet Eligibility Requirements.

- GED Preparation Math/test prep support.

04 STEP

CONSTRUCTION APPRENTICE PROGRAM

- FREE Classroom Instruction.

- Paid on the job Training.

- Benefits.

- Start making money.

05 STEP

AFTER COMPLETING THE APPRENTICE PROGRAM

- Gain work experience.

- Become a journey person.

- Make a decent wage.

- Healthcare, Pension, Vacations.

For more information on: Alameda County's Project Stabilization/Community Benefits Agreement

CONTACT: Danielle at info@lowecg.com | (510) 986-1100 Ext. 7

DAVILLIER-SLOAN Labor Management Consultants | County of Alameda California | LCG Lowe Consulting Group Inc.

Opportunity Build Core – Construction Apprenticeship Readiness Program

October 10 – December 16, 2022 | Monday – Friday, 8:00 AM – 4:00 PM

Core is the primary training class of Opportunity Build. This transformative course prepares you for a career in construction.

FULL CLASS DETAILS

APPLY FOR OPPORTUNITY BUILD

Opportunity Build is an industry-certified construction training program, providing a path to union apprenticeship in the skilled trades. The program begins with 10-12 weeks of hands-on training at our Oakland facility and offers 12 months of one-on-one job placement and retention support. Graduates are prepared to pursue careers in the union construction trades, becoming Sheet Metal Workers, Operating Engineers, Carpenters, and more. Certain trades offer direct entry for Opportunity Build graduates.

Interested in learning more?

Upcoming in-person orientation and info sessions:

- Friday, May 13, 11:00 AM–1:00 PM
- Friday, May 27, 11:00 AM–1:00 PM
- Friday, June 3, 11:00 AM–1:00 PM

Learn about Opportunity Build, tour the facility at 1116 36th St. in Oakland, and sign up. A light lunch will be provided. Register on Eventbrite or contact Marlin Jeffreys, Senior Program Manager, with questions: **jeffreys@risingsunopp.org**

"I thought everything the class had to offer was fun. The hands on portion was great, I also thought the teaching was on point too."

Opportunity Build Participant

TO APPLY

Please complete our brief program application **here**, or contact Opportunity Build Program Manager Marlin Jeffreys at 510-665-1501 ext. 342

RISING SUN
CENTER FOR OPPORTUNITY

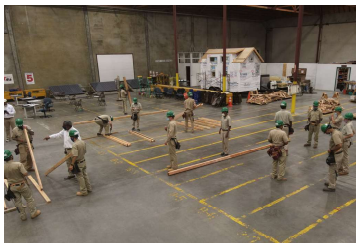
CYPRESS MANDELA TRAINING CENTER, INC.

16-WEEK PRE-APPRENTICESHIP TRAINING PROGRAM

OUR PROGRAM

Our training focuses on green technology construction techniques, material handling, discipline, physical fitness, and safety to help ensure students succeed in both their apprenticeship programs and careers

FREE TRAINING



PROGRAM DETAILS

- Environmental training
- Introduction to cement work
- Introduction to framing, form, and foundation work
- Introduction to structural steel and ironwork
- Orientation to the construction industry and the apprentice structure
- Job safety
- Tool and material identification
- Site surveying
- Blueprint reading
- Electrical fundamentals
- Plumbing fundamentals
- Solar fundamentals
- Introduction to operating engineers

WHAT WE PROVIDE

JOB READINESS & ASSISTANCE
Job readiness skills
Job placement assistance
(upon successful completion)

CERTIFICATIONS & CREDITS
Earn certifications and hours
Earn college credits

ELIGIBILITY REQUIREMENTS
CA Drivers License/ID Card
Birth Certificate/Passport
High School Diploma/GED
Social Security Card

GET IN TOUCH

FOLLOW US ON

510-208-7350
info@cypressmandela.org
977 66th Ave, Oakland, CA 94621

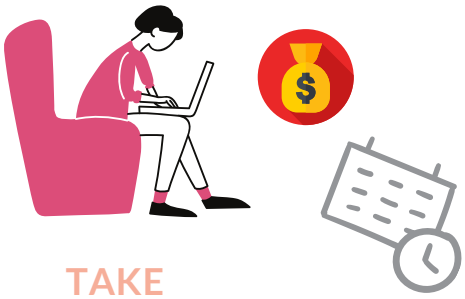
Apply today at www.cypressmandela.org or scan the QR code!

Congrats, You've Graduated from an Alameda County Pre-Apprenticeship Program! Now What?!

Stay connected to your pre-apprenticeship program staff for jobs, resources, and other services.

RISING SUN CENTER FOR OPPORTUNITY

Research your trade. Note application dates, test dates, fees, etc.



FOLLOW THROUGH!

TAKE INITIATIVE!

STICK WITH IT!

HAVE PATIENCE!

Call Lowe Consulting Group (LCG) to add your name to the Alameda County Job Ready List.

Check-in regularly with LCGs Workforce Development Manager.

info@lowecg.com | (510) 986-1100 Ext. 7

Attend meetings and test preparation workshops offered by

CTWI Construction Trades Workforce Initiative

TRADESWOMEN INC

Engage with us!

Monthly Newsletter

@Building_the_Bay on Instagram

Stay in good mental and physical health

Get Sponsored/ Hired!

GREAT RESOURCE

Click on this guidebook. It is an extremely important resource that provides detailed information on all of the trades and pre-apprenticeship programs in the Greater Bay Area.

CTWI is a nonprofit partner of the Alameda Building and Construction Trades Council.

For information on MC3 pre-apprenticeship programs, construction union apprenticeship, and to view the Bay Area Apprenticeship Guidebook visit

ctwi-btca.org

Resources

Bay Area Community Services

510-613-0330 | WWW.BAYAREACS.ORG

Provides mental health services, housing solutions, senior living solutions, and youth services for the houseless

390 40th St. Oakland, CA 94609
Locations in Oakland, Hayward, Berkeley

SAMHSA: Substance Abuse Treatment Referral Helpline

800-662-4357
WWW.SAMHSA.GOV/FIND-HELP/NATIONAL-HELPLINE

Abode Services

510-657-7409 | WWW.ABODESERVICES.ORG

Abode Services' mission is to end homelessness by assisting low-income, un-housed people, including those with special needs, to secure stable, supportive housing; and to be advocates for the removal of the causes of homelessness.

Roots Community Health Center

510-777-1177 | ROOTSCLINIC.ORG

Offers affordable Urgent Care and Primary Care to Oakland, San Leandro, Berkeley and Alameda.

East Oakland Community Project

510-532-3211 | WWW.EOCP.NET

Provides transitional housing

7515 International Blvd.
Oakland, CA 94621

Telegraph Ministry Center

510-658-4457 | WWW.TELEGRAPHCENTER.COM

Clothing distributed
Weds. & Fri. from 10AM-2PM.
2nd & 4th Wednesdays
also from 6PM - 7:30PM

5316 Telegraph Ave, Oakland, CA 94609

CityTeam Oakland

510-452-3758 | CITYTEAM.ORG

Provides housing, food, medical, learning/ career center

722 Washington St,, Oakland, CA 94607

Wardrobe for Opportunity

510-831-0702 | WWW.WARDROBE.ORG

Provides high quality business attire for job interviews

570-14th St., Ste. 5, Oakland, CA 94610

Cherry Hill Detox and Sobering

866-866-7496

Substance Abuse Center

Bananas

MAIN: 510.658.7353
CHILDCARE: 510-658-0381
BANANASBUNCH.ORG/PARENTS-FAMILIES/PARENT-PROGRAMS-SERVICES/

5232 Calremont Ave Oakland, CA 94618

Resources

East County Child Care Links

925-417-8733

80 Swan Way #130, Oakland, CA 94621

East Bay Community Recovery Project

510-446-7100 | WWW.LIFELONGMEDICAL.ORG

Individual/ Group Counseling, Drug Screening, Mental Health Assessments

2579 San Pablo Ave. Oakland, CA 94612

South County 4c's of Alameda County

510-582-21282 | WWW.4C-ALAMEDA.ORG

4C's is the state-designated Resource and Referral agency for southern Alameda County and your one-stop resource to finding quality and affordable child care.

22351 City Center Dr, Hayward, CA 94541

Beyond Emancipation

510-667-7694 | BEYONDEMANCIPATION.ORG

Support programs for former foster youth

675 Hegenberger Rd, Suite 100 Oakland CA

Alameda Co. Clean Slate Program

510-272-6600 | WWW.ACGOV.ORG/DEFENDER/SERVICES/CLEANSLATE.HTM

Requirements: You do not have any pending criminal cases
You are not currently on parole

545 4th Street, Oakland

Alameda County Food Bank

510-635-3663 | WWW.ACCFB.ORG

7900 Edgewater Dr, Oakland, Ca 94621

East Bay Community Law Center

510-548-4040 | EBCLC.ORG

Requirements: You do not have any pending criminal cases
You are not currently on parole

2921 Adeline St., Berkeley, CA

Oakland Food Pantry

510-361-4656 | WWW.FOODPANTRIES.ORG/CI/CA-OAKLAND

Food distributed every Tues. & Sat. from 10AM - 11:30AM

1666 C 7th St, Oakland, CA 94607

Centerforce

510-834-3457 | WWW.CENTERFORCE.NGO

Re-entry and Family Reunification

1904 Franklin St, Rm 418, Oakland, CA

Telegraph Ministry Center

510-961-4385 | WWW.TELEGRAPHCENTER.COM

Hot Breakfast Weds. - Sun. from 6:30AM to 8AM.
Food distrubuted Weds. & Fri. from 10AM - 2PM.
2nd & 4th Wednesdays also from 6PM - 7:30PM

5316 Telegraph Ave, Oakland, CA 94609

Resources

Success Centers

510-482-1738 | SUCCESSCENTERS.ORG

Career Counseling, Pre-Employment Training, & Life Skills coaching

2577 MacArthur Blvd., Oakland, CA 94602

Youth Uprising

510-777-9909 | WWW.YOUTHUPRISING.ORG

17+, GED Program is FREE

8711 MacArthur Blvd., Oakland, CA 94605

West Oakland Job Resource Center

510-419-0509 | WWW.WOJRC.ORG

Job orientations, placement programs, math classes for construction careers

1801 Adeline St. Rm 211, Oakland, CA 94607

Oakland Adult & Career Education

510-273-2310 | WWW.OUSD.ORG/PAGE/9245

GED, ESL (Readiness, Literacy, Citizenship), Pre-Apprentice, Math

2607 Myrtle St, Rm 122, Oakland, CA 94607

Civicorps Schools

510-992-7800 | WWW.CVCORPS.ORG

HS Diploma only, Edu. & Job training programs

101 Myrtle St, Oakland, CA 94607

Oakland Private Industry Council, Inc.

510-858-6742 X 7941 | WWW.OAKLANDPIC.ORG

Career Counseling, Pre-Employment Training, & Life Skills coaching

268 Grand Ave Oakland, CA 94610

Next Step Learning Center

510-251-1731 | WWW.NEXTSTEPLC.ORG

17+, Call for appointment

2222 Curtis St, Oakland, CA 94607

PeopleReady

WWW.PEOPLEREADY.COM/CONSTRUCTION

On-demand staffing in the construction field.

Scotland Youth Center

510-832-4544 | SCOTLANCENTER.COM

Ages 16-21, GED and Employment Training Program

1324 Adeline St, Oakland, CA 94607